**LCS-L3 Tutor or Peer Observation of Life Coaching Skills**

Candidate: Date:

Tutor/peer name: Sheet no:

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| Overall constructive feedback: |
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(Note: Not all criteria will necessarily be achieved in all skills practice sessions.)

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| **Skill** | **Related criteria number** | **How demonstrated?** |
| Apply understanding of an ethical framework to practice | 1.1 |  |
| Work within own limits of proficiency & make appropriate referral where necessary | 1.3  1.4 |  |
| Use awareness of difference and diversity to understand the clients’ needs | 3.1  3.2 |  |
| Work within professional boundaries | 2.1 |  |
| Use the stages of the session effectively. | 2.4 |  |
| Agree client’s goals and tasks | 4.1 |  |
| Use life coaching skills to help clients reach their goal(s) | 4.2  6.1 |  |
| Use life coaching skills to motivate the client | 4.3  6.1 |  |
| Identify & work with client strengths | 4.4 |  |
| Use life coaching skills conducive to change | 6.2 |  |
| Use knowledge of life coaching theories, techniques & concepts to support the client | 6.2  6.4 |  |